

MAFP Healthy Foods in Healthcare -Food Service Practices Survey-

Hospital Name: _____

City Where Hospital is Located: _____

Please check boxes which apply.

- 1. Hospital employees, visitors, and patients in your facility have consistent choice access to fresh fruits, fresh vegetables, salad bar items, and whole grains and breads.
- 2. In your facility's cafeteria, or on menus, food content and calorie content of food items is listed for consumer reference.
- 3. Your food service department has eliminated products and modified recipes containing trans-fats (hydrogenated or partially-hydrogenated fats).
- 4. Soups and entrees in your facility are made from scratch rather than from canned components when possible, to promote use of fresh, locally grown foods, bulk purchasing, and to reduce use of foods exposed to BPA plastic-lining in cans.
- 5. Your facility's menus employ locally sourced products, as your food purchasing division contracts specifically with local growers.
- 6. Your facility supports or even features organic or 'sustainable' growers by purchasing and offering sustainably-produced food choices (please indicate which) in some or all meals.
 - Produce from local CSA grower
 - Free-range poultry or eggs
 - Organic milk or cheese
 - Wild-caught salmon
 - Other _____
- 7. Your facility limits waste through reduced purchase of bottled water and other prepackaged items, and maximizes use of reusable dishes and ware.
- 8. Your food service department donates or composts unconsumed food (please indicate which), rather than disposing of it all as food waste.
- 9. Your hospital has hosted special events targeted to patients, employees, and visitors that promote the facility's sustainable food products and initiatives, and educate about the link between human health and food production.
- 10. Your facility's cafeteria uses food item signage or notices of feature item promotions, in order to educate consumers and to promote your efforts to champion health food service practices.
 - "Organic Product" certification
 - "Fair-trade coffee"
 - Pictures of local farmers/ranchers/growers
 - "rBGH-free"
 - Other _____
- 11. Your institution has signed the Healthy Foods in Healthcare pledge.